

Check One:

RUN

WALK

# TRURO TREASURES 2009

## Pamet 5K River Run/Walk

Sunday, September 20, 2009

8:15 am Registration ~ 9:00 am Start

Start: Pamet Harbor Parking Lot ~ Finish: Ballston Beach

### Registration Form

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Gender (Please Circle):    Male    Female    Age: \_\_\_\_\_

Entry Fees: Adults \$15.00 • Youths (13 and Under) \$10.00

Please Check Age Class Below:

Youth (13 and Under): \_\_\_\_\_ High School (14-18): \_\_\_\_\_ Open (19-39): \_\_\_\_\_

Master (40-49): \_\_\_\_\_ Grand Master (50-59): \_\_\_\_\_ Grand Grand Master (60-69): \_\_\_\_\_

Senior Grand Master (70 and Over): \_\_\_\_\_

Male and Female Grand Prize Trophies will be Awarded

Medallions will be Awarded for Each Class

Hats to First 75 Registrants

Please mail your completed Registration Form & Check Payable to Truro Treasures, Inc. to:  
Truro Treasures 2008 Run/Walk, Post Office Box 197, Truro, MA 02666

For information on the event, please contact:  
Girard Smith at 508-349-0181 or Tom Bow at 508-487-1334

Thank you!

#### WAIVER - PLEASE SIGN BELOW:

In consideration of this entry, I hereby waive and release any rights and claims for damages I may have against Truro Treasures, Inc., or any race sponsors or hosts for any injury I may incur. I understand that heat can be a factor in an early fall race and accept personal responsibility for properly preparing myself. Further, I understand traffic control will be limited and I accept that as a condition of the race and will protect myself accordingly.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date